

MINISTRY OF EDUCATION

LEARNING GUIDE FOR ENSURING THE CONTINUITY OF EDUCATION  
IN REGULAR SECONDARY SCHOOLS: LEVELING OF LEARNING

General information:

School name: \_\_\_\_\_

Guide number: 1

Modality: Regular secondary education

Grade: 7°

Subject: English

Achievement indicators:

The student describes daily activities using present tense.

Content: Everyday Activities

Time: 3 hours

Introducción

Apreciado estudiante saludes y bendiciones.

La presente guía tiene la intencionalidad de adquirir conocimientos y desarrollar habilidades comunicativas en una modalidad de autoestudio y práctica. Te invitamos a leer detenidamente las instrucciones para alcanzar el éxito en la resolución de las situaciones de aprendizajes.

A. Vocabulary: Look at the pictures and read the expressions.



Respond to the questions. Circle Yes or No.

1. Do you get up at 5:00 am? Yes or No.
2. Do you take a shower every day? Yes or No.
3. Do you have breakfast in the morning? Yes or No.

B. Reading: Look at Louis description of his daily routine. Is it similar to your routine? Yes? No?



He **is** Louis.

He **wakes** up at 7.45 am.

He **takes** a shower at 8:00 am.

He **has** eggs and orange juice for breakfast.

He **watches** TV at 3:00 pm.

He **finishes** work at 6:00 pm.

He **goes** to bed at 7:00 pm.

We use "**Simple present**" to talk about routines, habits or repeated actions.  
"He **wakes** up at 7.45 am" is a repeated action or routine. For **He/She**, we add -s, -es or -ies to the verbs:

-s	-es	-ies
He/she <b>wakes</b> up at 7	He/she <b>watches</b> TV	He/she <b>studies</b> English
He/she <b>takes</b> a shower	He/she <b>finishes</b> work	He/she <b>copies</b> the homework

For He/she with verbs "**Be** and **Have**"

He/she **is** a student.

He/she **has** breakfast in the morning

## Learning activities

**Activity 1:** Write down the daily routine expressions under the correct the pictures.

Have breakfast - Watch TV - Take a shower - Finish homework - Go to bed



**Activity 2:** Match the two columns to complete the ideas.

Column 1.

1. I wake up
2. I watch
3. I finish
4. I go
5. I have

Column 2.

- \_\_\_ a) breakfast in the morning.
- \_\_\_ b) to bed at 7:00 pm.
- \_\_\_ c) at 5:00 am.
- \_\_\_ d) TV in the afternoon.
- \_\_\_ e) my homework.

**Activity 3:** Answer about yourself.

1. What time do you get up every day?  
\_\_\_\_\_
2. What do you have for breakfast?  
\_\_\_\_\_
3. What TV program do you watch?  
\_\_\_\_\_

**Example:**

- 1- I **get** up at 6am
- 2- I **have** bread, gallopinto and coffee for breakfast.
- 3- I **watch** series on Netflix

## Evaluation activities

**Activity 1: Vocabulary review:** Write the verbs in the correct form.

- 1: I \_\_\_\_\_ to school at 7:00 am. (**go**)
2. She \_\_\_\_\_ breakfast in the morning. (**have**)
3. I \_\_\_\_\_ TV at 3:00 pm. (**watch**)
4. He \_\_\_\_\_ to bed at 9:00 pm. (**go**)
5. I \_\_\_\_\_ dressed in the morning. (**get**)

**Activity 2:** Based on Louis' description in B.Reading, write your own daily routine.

My daily routine